

OPTIMIZE YOUR RECOVERY AFTER SURGERY



Before, during, and after surgery, pain relief is important to your recovery. The goal is to control your pain so you can move easier and get back to the things you enjoy as soon as possible. See below for some of the best ways to manage your pain after surgery.

- Follow the postsurgical orders given at discharge
- Tell your health care team about any unmanageable pain you are experiencing
- Try to identify the specific source and type of pain you are feeling
 - Is the pain around the surgical area or in another area?
 - Is the pain deep/throbbing?

Commonly, doctors may use several different types of medicines to manage pain, swelling, and more, in addition to EXPAREL. These include acetaminophen and/or ibuprofen.



EXPAREL works at the site of pain. Your doctor places EXPAREL into the surgical site at the start or end of the procedure.



EXPAREL is long-lasting. EXPAREL is specially designed to slowly release a medicine called bupivacaine [byu-piv-ah-cane] that numbs the surgical area for an extended period of time. EXPAREL can help during the first few days after surgery when pain relief is needed the most.



EXPAREL is not an opioid, but it can help reduce or eliminate the need for opioids after surgery.* Opioids may cause sleepiness (sedation), constipation, and nausea and/or vomiting, which can negatively impact your recovery after surgery.

Have questions about EXPAREL? Scan the code now.



*The clinical benefit of the decrease in opioid consumption was not demonstrated in the pivotal trials. In the event you need to see a health care provider other than your surgeon or anesthesiologist, let them know you received EXPAREL as part of your surgery. **Avoid additional use of local anesthetics within 96 hours following administration of EXPAREL.**

For HCP/office use only

Contact us: _____

Date administered: _____ **Time administered:** _____ **Dose administered:** _____

Indication

EXPAREL is indicated for single-dose infiltration in patients aged 6 years and older to produce postsurgical local analgesia and in adults as an interscalene brachial plexus nerve block to produce postsurgical regional analgesia. Safety and efficacy have not been established in other nerve blocks.

Please see Important Safety Information on reverse and full Prescribing Information at www.EXPAREL.com/risks.

For more information, please visit www.EXPAREL.com/patient or call 1-855-793-9727.

NON-OPIOID
EXPAREL[®]
(bupivacaine liposome injectable suspension)

