Talk with your doctor about how EXPAREL can relieve pain with fewer opioids.

EXPAREL can provide relief in all kinds of surgeries, including:

- **GENERAL SURGERY**
  - Colon, stomach, hernia, kidney, weight loss

- **ORTHOPEDIC SURGERY**
  - Knee, hip, spine, foot, ankle, shoulder, hand

- **OB-GYN/BREAST SURGERY**
  - Hysterectomy, fibroid, breast, cesarean section

Don’t see your surgery here? EXPAREL may still be an option. Talk with your doctor to learn more.

Please refer to accompanying full Prescribing Information.

For more information, please visit www.EXPAREL.com/patient or call 1-855-RX-EXPAREL (793-9727).

©2018 Pacira Pharmaceuticals, Inc.
Parsippany, NJ 07054
PP-EX-US-3858 08/18

VISIT www.EXPAREL.com/patient FOR MORE INFORMATION.

Possible side effects

Side effects can occur with any medication; it is important not to ignore anything you may be experiencing. Patients in clinical trials who received EXPAREL and placebo experienced nausea, vomiting, and/or constipation. Speak with your doctor right away if you experience any of these or if you have other questions regarding any side effects.

ASK YOUR DOCTOR IF EXPAREL IS RIGHT FOR YOU.

- EXPAREL can provide long-lasting pain relief while avoiding the risks of opioids
- EXPAREL is placed into the surgical area by a doctor during the procedure
- Clinical trials showed patients who received EXPAREL had less need for opioids
YOU HAVE A SAY IN HOW YOUR PAIN IS TREATED AFTER SURGERY.

Talk with your doctor about putting together a pain management plan with the medications that are best for you.

• Women experience pain differently than men. What could this mean for you?
• Side effects from some pain medications could keep you off your feet longer than you expect.
• Worried about your family having access to opioids? Drug exposure often starts at home.
• Are you an oncology patient? Avoiding opioids may benefit your recovery.

Indication
EXPAREL is indicated for single-dose infiltration in adults to produce postsurgical local analgesia and as an interscalene brachial plexus nerve block to produce postsurgical regional analgesia. Safety and efficacy have not been established in other nerve blocks.

Important Safety Information
EXPAREL should not be used in obstetrical paracervical block anesthesia.

In studies where EXPAREL was injected into the wound, the most common side effects were nausea, constipation, and vomiting.
OPIOIDS AND NARCOTICS: TWO NAMES FOR THE SAME PRESCRIPTION PAINKILLERS, WITH THE SAME RISKS.

Many people receive opioids after surgery, but they are not always the best option.

The side effects of opioids may hold back your recovery.
• Opioids can cause nausea, vomiting, and constipation
• Opioids can make you feel drowsy or confused

Opioids can have long-term effects, including abuse and addiction.
• 1 in 15 patients who took an opioid after surgery became a long-term user
  — Some develop a tolerance and need higher doses over time
• Over 50 million people have reported using prescription drugs for nonmedical reasons at least once

Opioids aren’t the only option. Other medications can be just as effective—including EXPAREL.
TALK WITH YOUR DOCTOR ABOUT ALL OF YOUR PAIN RELIEF OPTIONS BEFORE YOUR SURGERY.

Your pain management plan will be based on your type of surgery, how much pain you can handle, the area of the body where your surgery was performed, your overall health, your sex, and how the pain may change during recovery.

Because of all these factors, your doctor may prescribe more than one type of pain medication. Make sure you discuss all the options.

### Types of opioids/narcotics

**Systemic**
- Oxycodone (eg, OxyContin®, Percocet®)
- Hydrocodone (eg, Vicodin®, Lortab®)
- Hydromorphone (eg, Dilaudid®)
- Meperidine (eg, Demerol®)
- Morphine (similar to heroin)
- Codeine
- Fentanyl
- Methadone

“Systemic” means they affect the whole body. Systemic drugs attach to nerve cells in the brain and spinal cord. There they block pain signals from reaching the brain.

People may become dependent on or addicted to opioids, even if they are only used for a short time.

### Important Safety Information (continued)

In studies where EXPAREL was injected near a nerve, the most common side effects were nausea, fever, and constipation.

EXPAREL is not recommended to be used in patients younger than 18 years old or in pregnant women.
### Types of non-opioids

<table>
<thead>
<tr>
<th>Systemic NSAIDs</th>
<th>Systemic analgesics</th>
<th>Targeted</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aspirin</td>
<td>Acetaminophen</td>
<td>Local anesthetics (eg, lidocaine)</td>
</tr>
<tr>
<td>Ibuprofen (eg, Advil®, Motrin®)</td>
<td>(eg, Tylenol®, Q-Pap®)</td>
<td>EXPAREL, a long-acting local anesthetic</td>
</tr>
<tr>
<td>Naproxen (eg, Aleve®, Naprosyn®)</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Nonsteroidal anti-inflammatory drugs (NSAIDs) treat pain by reducing swelling. They are systemic and affect the whole body. They do not contain opioids and are not addictive.

Acetaminophen relieves mild to moderate pain and reduces fever. It can be helpful when used with other non-opioids.

These work directly at the surgical site to numb the nerves that cause pain. They do not contain opioids and are not addictive.

---

**Important Safety Information** (continued)

Tell your healthcare provider if you have liver disease, since this may affect how the active ingredient (bupivacaine) in EXPAREL is eliminated from your body.

EXPAREL should not be injected into the spine, joints, or veins.

The active ingredient in EXPAREL:

- Can affect your nervous system and your cardiovascular system
- May cause an allergic reaction
- May cause damage if injected into your joints
EXPAREL IS AN ALTERNATIVE TO OPIOIDS THAT OFFERS LONG-LASTING PAIN RELIEF.

EXPAREL starts controlling pain during your surgery, so you are ready to begin recovery.

- EXPAREL works directly at the surgical site—unlike opioids, which affect the whole body
- Provides pain control for the first few days after surgery, when you need it most
- Proven to help reduce the need for opioids*
- EXPAREL is only one dose, administered by your doctor, so you have one less thing to manage

In clinical trials, patients who received EXPAREL had less need for opioids/narcotics.

- Patients who received EXPAREL did not have to take as many opioids
- Patients who received EXPAREL went a longer time before opioids were needed

*The clinical benefit of the decrease in opioid consumption was not demonstrated in the pivotal trials.
Talk with your doctor about how EXPAREL can relieve pain with fewer opioids.

Possible side effects

Side effects can occur with any medication; it is important not to ignore anything you may be experiencing. Patients in clinical trials who received EXPAREL and placebo experienced nausea, vomiting, and/or constipation. Speak with your doctor right away if you experience any of these or if you have other questions regarding any side effects.

ASK YOUR DOCTOR IF EXPAREL IS RIGHT FOR YOU.

- EXPAREL can provide long-lasting pain relief while avoiding the risks of opioids
- EXPAREL is placed into the surgical area by a doctor during the procedure
- Clinical trials showed patients who received EXPAREL had less need for opioids

EXPAREL can provide relief in all kinds of surgeries, including...

- GENERAL SURGERY
  - Colon, stomach, hernia, kidney, weight loss
- ORTHOPEDIC SURGERY
  - Knee, hip, spine, foot, ankle, shoulder, hand
- OB-GYN/BREAST SURGERY
  - Hysterectomy, fibroid, breast, cesarean section
- ORAL SURGERY
  - Wisdom teeth, jaw

Don’t see your surgery here? EXPAREL may still be an option. Talk with your doctor to learn more.

Please refer to accompanying full Prescribing Information.

For more information, please visit www.EXPAREL.com/patient or call 1-855-RX-EXPAREL (793-9727).

©2018 Pacira Pharmaceuticals, Inc.
Parsippany, NJ 07054
PP-EX-US-3858 08/18

ASK YOUR DOCTOR ABOUT EXPAREL FOR LONG-LASTING, NON-OPIOID PAIN RELIEF.

CONCERNED ABOUT TAKING OPIOIDS AFTER SURGERY?

VISIT www.EXPAREL.com/patient FOR MORE INFORMATION.
Talk with your doctor about how EXPAREL can relieve pain with fewer opioids.

Possible side effects

Side effects can occur with any medication; it is important not to ignore anything you may be experiencing. Patients in clinical trials who received EXPAREL and placebo experienced nausea, vomiting, and/or constipation. Speak with your doctor right away if you experience any of these or if you have other questions regarding any side effects.

ASK YOUR DOCTOR IF EXPAREL IS RIGHT FOR YOU.

- EXPAREL can provide long-lasting pain relief while avoiding the risks of opioids
- EXPAREL is placed into the surgical area by a doctor during the procedure
- Clinical trials showed patients who received EXPAREL had less need for opioids

EXPAREL can provide relief in all kinds of surgeries, including:

- **GENERAL SURGERY**
  - Colon, stomach, hernia, kidney, weight loss
- **ORTHOPEDIC SURGERY**
  - Knee, hip, spine, foot, ankle, shoulder, hand
- **OB-GYN/BREAST SURGERY**
  - Hysterectomy, fibroid, breast, cesarean section

Don’t see your surgery here? EXPAREL may still be an option. Talk with your doctor to learn more.

Please refer to accompanying full Prescribing Information.

For more information, please visit www.EXPAREL.com/patient or call 1-855-RX-EXPAREL (793-9727).

©2018 Pacira Pharmaceuticals, Inc.

Concerned about taking opioids after surgery?

Visiting www.EXPAREL.com/patient for more information.